

CARDIOVASCULAR DISEASE IN SOUTH ASIANS CONFERENCE

PARTNERING FOR A HEALTHIER FUTURE



Session 1: Wednesday, October 23, 2024
Session 2: Wednesday, October 30, 2024
 Time: 7:00 - 9:00 pm EDT

Conference Objective:

Identify, evaluate, and treat South Asian patients with and at risk for cardiovascular disease.

FREE REGISTRATION

Agenda

Session 1 Wednesday, October 23, 2024

Co-Chairs: Milan Gupta/Alka Kanaya

Time	Topic	Speaker
7:00 pm	Opening comments	
7:10 pm	ASCVD in South Asians – a North American perspective Describe the burden of ASCVD of South Asians in North America	Alka Kanaya San Francisco, CA
7:30 pm	Polygenic risk scores or epigenetics – what explains the excess risk? Discuss possible hypotheses underlying the excess ASCVD risk in South Asians	Aniruddh Patel Boston, MA
7:50 pm	Emerging risk markers – Lp(a) and coronary calcium Determine the role of Lp(a) and coronary calcium score on cardiovascular risk stratification	Khurram Nasir Houston, TX
8:10 pm	Clinical risk assessment in South Asians Describe approaches to risk assessment for South Asian patients	Jaideep Patel Ellicott City, MD
8:30 pm	Discussion	
9:00 pm	Closing	


This 1-credit-per-hour Group Learning program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to 2.00 Mainpro+® credits

Session 2 Wednesday, October 30, 2024

Co-Chairs: Milan Gupta/Alka Kanaya

Time	Topic	Speaker
7:00 pm	Opening comments	
7:10 pm	Presentation of the 2024 SANSAR/Burgundy Young Investigator Award	
7:30 pm	Optimizing lifestyle behaviours in South Asians Identify strategies to optimize lifestyle behaviours that reduce cardiovascular risk for South Asian patients	Namratha Kandula Chicago, IL
7:50 pm	Lipid management Identify culturally appropriate assessment and management strategies for South Asian patients with dyslipidemia.	Milan Gupta Brampton, ON
8:10 pm	Diabetes/obesity/CKD management Identify culturally appropriate assessment and management strategies for South Asian patients with diabetes, obesity and/or CKD.	Akshay Jain Surrey, BC
8:30 pm	Roundtable discussion: Developing a plan forward Consider broad North American strategies to reduce the burden of ASCVD amongst South Asians	All
9:00 pm	Closing	

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 **SANSAR** This program is hosted by SANSAR

This program was developed by the Canadian Collaborative Research Network and received an unrestricted educational grant from Novartis and Merck Canada.



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CFPC Accreditation

This 1-credit-per-hour Group Learning program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to 4.00 Mainpro+ credits.

AAFP Accreditation:

Members of the American Academy of Family Physicians are eligible to receive up to 4.00 Prescribed credit hours for attendance at this meeting/event due to a reciprocal agreement with the College of Family Physicians of Canada.