CARDIOVASCULAR DISEASE IN SOUTH ASIANS CONFERENCE

PARTNERING FOR A HEALTHIER FUTURE



Session 1: Wednesday, October 23, 2024 Session 2: Wednesday, October 30, 2024

Time: 7:00 - 9:00 pm EDT

Conference Objective:

Session 2 Wednesday, October 30, 2024

Identify, evaluate, and treat South Asian patients with and at risk for cardiovascular disease.



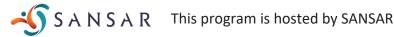
Agenda

Session 1 Wednesday, October 23, 2024 Co-		o-Chairs: Milan Gupta/Alka Kanaya	
Time	Topic	Speaker	
7:00 pm	Opening comments		
7:10 pm	ASCVD in South Asians — a North American perspective Describe the burden of ASCVD of South Asians in North America	Alka Kanaya San Francisco, CA	
7:30 pm	Polygenic risk scores or epigenetics – what explains the excess risk? Discuss possible hypotheses underlying the excess ASCVD risk in South Asians	Aniruddh Patel Boston, MA	
7:50 pm	Emerging risk markers – Lp(a) and coronary calcium Determine the role of Lp(a) and coronary calcium score on cardiovascular risk stratification	Khurram Nasir Houston, TX	
8:10 pm	Clinical risk assessment in South Asians Describe approaches to risk assessment for South Asian patients	Jaideep Patel Ellicott City, MD	
8:30 pm	Discussion		
9:00 pm	Closing		

This 1-credit-per-hour Group Learning program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to 2.00 Mainpro+® credits

Time	Торіс	Speaker
7:00 pm	Opening comments	
7:10 pm	Presentation of the 2024 SANSAR/Burgundy Young Investigator Award	
7:30 pm	Optimizing lifestyle behaviours in South Asians Identify strategies to optimize lifestyle behaviours that reduce cardiovascular risk for South Asian patients	Namratha Kandula
7:50 pm	Lipid management Identify culturally appropriate assessment and management strategies for South Asian patients with dyslipidemia.	Milan Gupta Brampton, ON
8:10 pm	Diabetes/obesity/CKD management Identify culturally appropriate assessment and management strategies for South Asian patients with diabetes, obesity and/or CKD.	Akshay Jain Surrey, BC
8:30 pm	Roundtable discussion: Developing a plan forward Consider broad North American strategies to reduce the burden of ASCVD amongst South Asians	All

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Closing

9:00 pm



Planning Committee:

Milan Gupta Co-chair MD, FRCPC, FCCS, CPC(HC) Assistant Professor, Department of Medicine, University of Toronto Medical Director, Canadian Collaborative Research Network



Alka Kanaya Co-chair MD, FAHA

Professor of Medicine, Epidemiology & Biostatistics, UCSF Principal Investigator, MASALA Study San Francisco, CA



Anil Maheshwari

Brampton, ON

MD, CCFP, DABOM, DABFM Executive Health Physician & Medical Director, Weight & Lifestyle Program Cleveland Clinic-Canada Assistant Clinical Professor (Adjunct), McMaster University Medical Advisor for Canada - Unraveling Obesity, OntarioMD Peer Leader Hamilton, ON

Lopita Baneriee

MSc, MD, FCFP William Osler Health System, Assistant Clinical Professor, Women's Health, McMaster University Brampton, ON

Humaira Ali

MD, CCFP Family Physician, Chancellors Way Medical Arts Centre Guelph, ON

CFPC Accreditation

This 1-credit-per-hour Group Learning program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to 4.00 Mainpro+ credits.

AAFP Accreditation:

Members of the American Academy of Family Physicians are eligible to receiveup to 4.00 Prescribed credit hours for attendance at this meeting/event due to a reciprocal agreement with the College of Family Physicians of Canada.



Co-Chairs: Milan Gupta/Alka Kanaya



